



## PRESS RELEASE

### 1st International Familial Mediterranean Fever (FMF) Awareness Day on 17<sup>th</sup> September

The FMF & AID Global Association, a global umbrella organization, representing patients with FMF Familial Mediterranean Fever (FMF) and other autoinflammatory diseases (AID), is launching the 1st International FMF Awareness Day on 17<sup>th</sup> September, in cooperation with its worldwide member associations and patient groups.

FMF is one of the most common autoinflammatory diseases and has its origins in the Jewish/Arab Eastern Mediterranean regions, however, it is still considered a rare disease. The aim of this awareness day is to raise the profile of FMF amongst health practitioners, patients, local authorities and the general public.

This disease is based upon a genetic defect and is characterized by recurrent episodes of fever and painful inflammation. If left untreated, it can have serious consequences such as permanent organ damage and it can even lead to death. Regular medication and close control are essential. Unfortunately, the lack of specialists makes it very difficult to get a patient diagnosed and also to have access to suitable treatment. FMF can be a debilitating condition and it affects peoples' lives immensely.

On 17<sup>th</sup> September 2017, affiliated patient representatives, as well as patients from the various worldwide support groups will mark the 1<sup>st</sup> International FMF Awareness Day.

To learn more about FMF, please visit our website [www.fmfandaid.org](http://www.fmfandaid.org). We encourage you to watch the video we have on our website.

